

Benefits of Kohl

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

Shaykh Abdur-Razzaq al-Abbaad said:

Kohl is from a well-known rock. There is a type which is black in colour and there another which is reddish, all of these are called in Arabic 'Ithmid' (إِثْمِد).

It can be broken up very easily and grounded completely whereby it becomes soft, then it is applied to the eye at an incline etc. It has been mentioned from the Prophet -sallallaahu alayhi wa sallam– an encouragement to use Ithmid specifically for kohl.

A Hadeeth about the benefits of Kohl

From Ali bin Aboo Taalib from the Prophet-sallallaahu alayhi wa sallam:

" عليكم بالإثمد فإنه منبته للشعر , مذهبة للقذى , مصفاة للبصر "

'Use Ithmid, indeed it causes the eyelashes to grow, clears away dirt and sharpens the eyesight.'¹

¹ [Collected by Bukhaaree in Tareekh, Tabaraanee and Albaanee said its Isnaad is Hassan. Saheehah no. 665 & no. 2642]